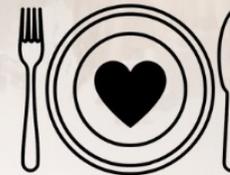
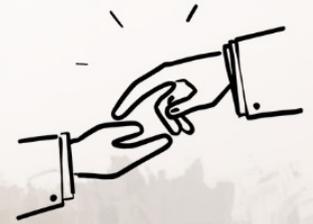
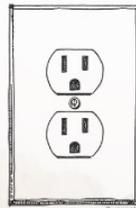


# From Worn Out to Wow™

10 Things to Do for an Immediately Happier and Healthier You



Embrace the journey. Ignite your wow

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